

APNEATRAK REPORT

Patient Name:	Study Type:	Type 3 PSG on 8/17/2014
DOB:	Patient Details:	Male, 45 years, Height 5' 10",
ID#:		Weight 185.19 lbs, BMI 26.57

TECHNICAL: AIRFLOW: Nasal and oral airflow was monitored using a pressure transducer via nasal/oral cannula and thermal based airflow. **RESPIRATORY EFFORT:** Thoracic and abdominal RIP belts were applied to measure respiratory effort. **OXYGEN SATURATION and Pulse Rate:** SPO2 was monitored by pulse oximetry. **SNORING:** Via throat microphone and pressure transducer. **SCORING METHODOLOGY: Obstructive Apnea:** Absence of airflow with presentation of respiratory effort >10 seconds. **Hypopnea:** >30% reduction of airflow amplitude with a 4% decrease in SPO2 for > 10 seconds per Medicare+AASM Criteria.

RECORDING RESULTS	<u>Minutes</u>	<u>Hours</u>		
Total Recording Time (TRT):	105.5	1.8	Lights Out:	12:10:41 AM
Patient Estimated Sleep Time:	98.0	1.6	Lights On:	1:48:41 AM

RESPIRATORY	Count	<u>Index</u>	BODY POSITION:	<u>Supine</u>	Left Side	Right Side	Prone	<u>Upright</u>
Obstructive Apnea:	9	5.5	Minutes:	47	25	0	25	0
Mixed Apnea:	0	0.0	# Apneas:	1	1	0	7	0
Central Apnea	0	0.0	# of Hypopneas:	16	5	0	5	1
Total Apneas:	9	5.5	AHI:	22	14	0	29	138
Hypopnea + Central Hyp:	27	17	Snoring Index:	14	238	0	267	415
Apneas + Hypopneas (AHI):	36	22.0	_					

OXIMETRY	Total Recording Time	<u>Supine</u>	Left Side	Right Side	Prone	<u>Upright</u>
Mean SpO2 %:	93 %	94 %	92 %	91 %	92 %	93 %
Min SpO2 %:	88 %	91 %	89 %	91 %	88 %	92 %
Number of Desaturations 4% or more:	9	1	3	0	4	0
	<u>Minutes</u>					
Total Sleep Time Below 89.00 %	1.4					

HEART RATE	<u>TIB</u>
Mean Heart Rate (bpm):	74
Low Heart Rate (bpm):	60

SCORING TECH COMMENTS:

Moderate sleep apnea.





 Patient Name:
 Singh, Yogendra Pratap
 Study Type:
 Type 3 PSG on 8/17/2014

 DOB:
 11/26/1968
 Patient Details:
 Male, 45 years, Height 5' 10", Weight 185.19 lbs, BMI 26.57

