

At Omnisleep, our mission is to ensure people a good night's sleep.

To keep them happy and healthy. Always!!



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# SOUND SLEEP. SOUND FREE.



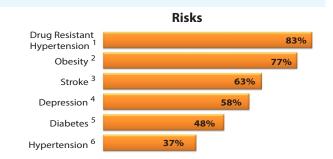
### **SNORING & SLEEP APNEA**

Snoring is the most basic symptom of a serious sleep disorder called obstructive sleep apnea (OSA). While global studies estimate the prevalence of sleep apnea at 10% of the general population, Philips India estimates that 63% of the urban Indians are at risk of sleep apnea.

An OSA episode occurs when the tongue relaxes and narrows the airway during sleep, causing a pause in breathing. When the brain detects a lack of oxygen in the blood, it sends a signal to wake up the body enough to breathe. This is usually witnessed as a gasp or a snort. OSA episodes are often part of a cycle that occurs hundreds of times a night, and can last from several seconds to longer than a minute.

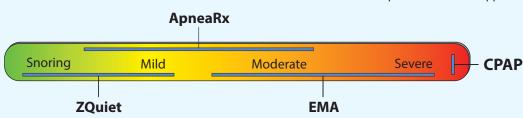
### **Symptoms**

- Excessive daytime sleepiness
- Loud snoring
- Morning headaches
- Drowsiness while reading
- Drowsiness during meetings, movie
- Depression
- Decreased memory



### **ADVANCES IN SLEEP APNEA TREATMENT**

\* All treatment options are US FDA approved





Omnisleep provides a wide range of solutions for complete management of sleep disorders such as snoring and sleep apnea. Our goal is to bring the treatment solutions in India at par with the most developed markets.

## **SLEEP STUDY**

Omnisleep offers sleep studies using the Cadwell ApneaTrak<sup>™</sup> PSG recorder for the diagnosis of sleep apnea and other sleep disorders.

#### **Features:**

Hypertens 2001;19:2271-2277

- Complete classification of obstructive, central, mixed apnea or hypopnea
- Home based sleep studies for a comfortable patient experience
- All studies manually scored by RPSG technicians at Cadwell Labs, USA
- Color coded report with interpretation with sleep study
- Logan at al. High prevalence of unrecognized sleep apnoea in drug-resistant hypertension. J treatment outcomes in sleep disorders patients. J Clin Psychol. 1989; 51-60
  - <sup>4</sup> Mosko S, Zetin M, et al. Self-reported depressive symptomatology, mood ratings, and
  - <sup>5</sup> Einhorn et al. Prevalence of sleep apnea in population of adults with type 2 diabetes
  - <sup>6</sup> Sjostrom et al. Prevalence of sleep apnoea and snoring in hypertensive men: a population

## **OMNISLEEP: TREATMENT SOLUTIONS**

## ZQUIET® ZQuiet.

ZQuiet's 2-Step Comfort System provides 2 unique mouthpieces designed to help stop snoring comfortably and effectively. ZQuiet is designed for both maximum comfort and effectiveness. Softer material provides optimal comfort.

#### Features:

- US FDA cleared for snoring
- Works immediately out of the package and in the mouth
- Soft, flexible material fits all mouth sizes (men and women)
- 2 optimal sizes for superior results







ApneaRx is the only boil and bite device that allows the patient to adjust the jaw in 1mm increments up to 10 mm (just like custom oral appliances) without the use of screws and plastic straps.

#### **Features:**

- US FDA approved for snoring and OSA
- No clinic visit required
- Adjustable in 10 one millimeter increments
- Easy to use and fit in less than 10 minutes
- Low cost introduction to oral appliance therapy







The Myerson Elastic Mandibular Advancement (EMA) is a patientfriendly oral appliance designed for easy self-adjustment with changeable elastic straps. EMA is the most preferred oral appliance by sleep doctors in the USA.

#### **Features:**

- US FDA approved for snoring and OSA
- Compact, discreet and travel friendly
- Fully titratable by doctor/patient just by changing bands
- Range of elastic bands ensure life-long effectiveness



#### RESMED **CPAP**

Omnisleep has partnered with Resmed, Fisher & Paykel, Weinmann & Pneumocare to offer the entire range of Manual, Auto CPAP and BiPAP machines and a range of masks for the highest level of patient satisfaction.

#### **Features:**

- Free trial of the entire range of CPAP machines
- Titration report for effectiveness and compliance during trial
- · Credit for upgrade from oral appliances to CPAP to lower patient cost while allowing trial of different therapies
- Same day on-site service for demonstration and servicing





- <sup>3</sup> Bassetti C, Aldrich MS. Sleep apnea in acute cerebrovascular diseased: final report on 128 paitents. Sleep 1999;22(2):217-223
- based study. Thorax 2002;57:602-607